



## Success You Can Bank On

This may seem like an odd way to start a presentation for someone who claims to be an expert in the applied science of positive psychology, but humor me.

Make a list of:

- Things that did not work out in the last 24 months
- People you really dislike working with
- Jobs or businesses you really disliked being associated with.

Think of yourself when you are behaving naturally.

1. Are you more **active fast paced** OR More **moderate paced thoughtful**
2. If you are more **active fast paced** – are you:
  - A. More Questioning, Results Oriented and Direct **OR**
  - B. More Accepting, Enthusiastic and Sociable?
3. If you are more **moderate paced thoughtful**:
  - A. More Questioning, Accuracy focused and Analytical **OR**
  - B. More Accepting, Patient and Empathic?

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