

Podcasting 101 Resources - Roger DeWitt

Blog Platforms

www.wordpress.com
www.blogger.com
www.typepad.com
www.wordpress.org <-- self host

Conference Calling

www.instantconference.com
www.goconferencecall.com
www.freeconferencepro.com

Recording Software

audacity.sourceforge.net
www.sonycreativesoftware.com/products/soundforgefamily.asp
www.adobe.com/products/audition/

Equipment

www.bhphotovideo.com/
www.guitarcenter.com
www.logitech.com
www.apple.com

Royalty Free Music - check license agreement

www.stock20.com/commerce/index.php
www.royaltyfreemusicclips.com/
www.partnersinrhyme.com/pir/free_music_loops.shtml

Misc.

www.rackandwrite.com
www.surveymonkey.com

Record Settings:

Bit Rate = 128 Kbps
Sample Rate = 44.100 Khz

Export Settings - play around with it and see.

128 Kbps = Audio CD Quality
8 Kbps = Phone quality
I generally stick around 64 Kbps